



National Survivor User Network

(a Charitable Incorporated Organisation)

Report and Financial Statements

For the year ended 31st March 2024

CIO Number 1135980

National Survivor User Network
Trustee's annual reporting for the period for the year ended 31st March 2024

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Reference and Administrative Information

Charity Name:	National Survivor User Network
CIO Registered Number:	1135980
Registered Address:	NSUN Ltd, 150 Minorities London EC3N 1LS
Trustees:	<p>The Trustees of the CIO are its Trustees for the purposes of charity law. The Trustees who have served from 1st April 2023 up to the date of approval of these financial statements were as follows:</p> <p>Alisdair Cameron Micha Frazer-Carroll Angela Newton, Chair, until 8th November 2023 Amy Palmer Andrew Payne Worpole, Treasurer, from 22nd November 2023 Emily Reynolds Rachel Rowan Olive Amy Rushton, Chair Aqsa Suleman Tasha Suratwala Shuranjeet Takhar, Vice Chair</p>
CEO:	Akiko Hart (until 1 st June 2023)
Interim CEO:	Jen Beardsley (from 1 st June 2023 to 15 th March 2024) Justin Irwin (from 18 th March 2024)
Independent Examiner:	Michael Tourville, Beaver and Struthers, 150 Minorities, London, EC3N 1LS
Principal Bankers:	CAF Bank Ltd, 25 Kings Hill Ave, West Malling, ME19 4JQ
Solicitors:	Faegre Drinker Biddle & Reath LLP, 7 Pilgrim Street, London, EC4V 6LB

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The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2024. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 as amended by the Charities Act 2022, and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

Trustees who have served during the year are listed on page 1.

Objects and activities for the public benefit

The objects of the charity as set out in its governing document are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen the user voice;
2. facilitating active links between service user groups and individuals;
3. building capacity for service user groups; and
4. brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of activities, including:

- building capacity in our membership;
- strengthening local, regional and specialist networks;
- capacity building and information sharing;
- influencing mental health policy and practice;
- representing and relaying members' views at high level mental health policy spaces and communicating practice, policy and legislative changes back to members; and
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy.

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Review of achievements and performance: How our activities delivered public benefit

National Survivor User Network (NSUN) is an England-wide network of people and groups with lived experience of mental ill-health, distress and trauma. It is an infrastructure organisation and sector voice for user-led groups that work to support the mental health of those in their communities, who live at the intersection of multiple, compounding inequalities and marginalisations. NSUN's aims are to create and strengthen links between individuals and groups; support and promote user-led groups and initiatives; and influence and inform policy and decision makers. All NSUN staff and Trustees have lived experience of mental ill-health, distress or trauma which may include racial trauma.

2023/2024 Activities

NSUN's stated aims for 2023/24 were as follows:

- following on from the CIO conversion, to develop and deliver a refreshed membership offer for groups and individuals;
- continuing to promote and amplify members' perspectives, voices and campaigns through communications;
- working in partnership with three youth organisations to deliver 'Reimagining Safety', a project on young people and safeguarding;
- working in partnership with a member to develop a member-led research project on menstrual health needs in psychiatric settings;
- creating a series of connective spaces for grassroots groups working on migrant justice and mental health; and
- delivering a second grants programme through Synergi and developing and delivering an offer to support grassroots groups in the Synergi network.

Progress against these aims is described below, structured around the four themes of NSUN's [Theory of Change](#): Knowledge, Collaboration, Voice, and Resourcing.

Knowledge: *Building, amplifying and distributing the knowledge that is held by people with lived experience of mental ill-health, distress and trauma*

NSUN builds, amplifies and distributes the knowledge that is held by people with lived experience of mental ill-health, distress and trauma, by platforming members' voices in a variety of ways – including through the weekly bulletin, blogs and articles, supporting members' research, and sharing members' work and voices in a variety of contexts.

An aim for 23/24 was to work in partnership with three youth organisations to deliver the first year of our three-year Reimagining Safety project. We worked with young people who are migrants, refugees and asylum seekers via a partnership with [Revoke](#), and with young people who hear voices and see visions in partnership with [Voice Collective](#). We also partnered with [Act Build Change](#) as a learning and practice partner, bringing expertise in facilitation and radical education for community organising. NSUN coordinated the project, building on our previous work exploring safety and mental health and using our position as an infrastructure organisation to challenge sector norms. Through workshops with young people and staff we developed insights into ways of creating safety, choice and agency and identified eight key principles for this work, due to be published in Summer 2024.

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Another aim for 23/24 was to work in partnership with a member to develop a member-led research project on menstrual health needs in psychiatric inpatient settings. We coordinated this project into how menstrual health needs are met, or not met, for people in inpatient settings, an area around which there is currently minimal research. We worked with the member to develop a small-scale research study which aimed to develop an understanding of peoples' experiences and co-develop guidance to address barriers identified. We supported the member to get ethical approval from the NHS Health Research Authority and to develop the research surveys and participation information sheets, advertised involvement opportunities through our communications channels, and made payments to those participating in interviews and focus groups in line with our participation payments policy. We also paid for the option of support spaces for participants after they had taken part in the research. The resulting research report is due to be published in summer 2024.

In 23/24, we commissioned an NSUN member to carry out a research project into the meaning of "community" in the mental health lived experience landscape, funded via Mind's Communities Team. We supported the development of the research methods and made payments to participants in interviews and focus groups. Published in March 2024, the report, '[Exploring "community" & the mental health lived experience landscape](#)', explores whether those with lived experience of mental ill-health, distress and trauma could be considered a "community", and how the term "community" is assumed or forced upon us from outside. It aims to inform and challenge work focused on engaging communities and lived experience, exploring the complexities of claiming, building, representing, and working with communities: how people can be harmed, who is left behind, and how the terms "community" and "lived experience" can be co-opted for interests other than our own.

In 23/24, NSUN commissioned and published twenty-five pieces from members, including blogs, book and zine reviews (for example, a [review of Nicole Lacey's "Poems from Inside" zine](#) by Heather Cobb), and longer-form articles/opinion pieces on our Members' Blog. This included two themed series of pieces, one around creativity and mental health which involved interviewing artists and creatives working on themes of mental ill-health, distress, and trauma (for example "[An interview with emerging outsider artist, Mud](#)"), and one around safety and care in healthcare settings (for example, "[Surviving restrictive and least restrictive practice: Hold me up, don't hold me down](#)" by Fruit Bat). Other pieces touch on important topics in the lived experience landscape, such as lived experience and class ("[Navigating class as a lived experience advocate](#)" by Taimour Ahmed), and concerns around the rise of so-called 'trauma-informed care' ("[We should be sceptical of trauma-informed care](#)" by Chloe Apter). Longer-form pieces often offer responses to policy and legal developments in and around mental health care, sitting alongside NSUN's own organisational responses, briefings, and statements on such issues, such as "[Can single-sex wards prevent sexual violence in mental health hospitals?](#)" by Nima Cas Hunt, and "[Legislating about us, without us: virtue signaling, self-harm, and the Criminal Justice Bill](#)" by Courtney Buckler.

These member pieces and significant amounts of other relevant external news, events, and opportunities from across the mental health landscape, with a focus on user-led activity, are showcased in NSUN's weekly bulletin to members. In the 23/24 annual NSUN membership survey, the bulletin was the most common theme raised in feedback, with respondents praising the events, articles and opportunities advertised in the bulletin, and several individuals crediting the bulletin as helping them gain paid work or research opportunities.

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Respondents described the bulletin as a “precious, precious link” to the national lived experience community which provides members with a “beacon of hope” and sense of community, as well as increasing awareness around intersectional issues within the lived experience landscape. More than three quarters of respondents (79%) had connected with other user-led groups, events, campaigns, projects, or involvement opportunities as a result of NSUN’s communications and resources. One member shared: “The weekly bulletins make me feel connected to the mad community and other people with lived experience. Reading them helps me feel hopeful about the work that is going on. Also they are helpful when I don’t feel able to connect via social media. Thank you for creating them.” Another said: “I find the newsletter really helpful for involvement opportunities and just to keep connected to an identity which is important to me - I find a lot of NGO work relating to mental health isolating because it doesn't reflect my rarer experiences and I think NSUN does this well.”

In 23/24 we also began further sharing and archiving external content (that is not commissioned by NSUN for the Members’ Blog, for example, but shared by us in our bulletins) by people with lived experience through our [monthly bulletin articles and blogs roundup posts on our website](#). They contain all the articles, blogs, and other forms of media that we share in each of a given month’s four bulletins, with a focus on first person pieces written or made by people within and beyond our membership, as well as relevant articles about news and policy in mental health from sources such as Disability News Service. We began posting these roundups to bring together, amplify, and archive current, lived experience-focused voices and perspectives in mental health.

We are also collaborating with Mental Elf to commission a series of research blogs written by people with lived experience of mental ill-health, distress and trauma. The blogs summarise and respond to recently published mental health research and explore what that research means from the perspective of someone with lived experience. The first blog was published in 23/24, the rest are to follow in 24/25.

In July 2023, NSUN began offering monthly Network Meetings, open to all NSUN members and themed around particular topics suggested by the membership or spotlighting particular areas of NSUN’s work or members’ work. Topics have included: a panel on welfare reform with speakers from [Greater Manchester Coalition of Disabled People](#) and [Black Activists Rising Against Cuts](#); a discussion about how the funding landscape impacts user-led work; hearing from organisers involved in [StopOxevision](#); and discussing the findings and impacts of “[Exploring ‘community’ and the mental health lived experience landscape](#)”. Members have shared that they’ve found these spaces engaging, useful and informative; one member shared, “[I] heard perspectives I had not considered before. It was inspiring to see and hear from different people who care about these issues. I felt less alone.”

Collaboration: Creating collaborative spaces with members and partners through coalitions and networks to build momentum and sustainability for the work; building nurturing conditions within mental health work that prioritise care

NSUN creates collaborative spaces with members and partners through coalitions and networks to build momentum and sustainability for the work.

An aim for 23/24 was, following on from the CIO conversion in June 23, to develop and deliver a refreshed membership offer for groups and individuals. We have done this through many areas of our work in 23/34 that are outlined throughout this report, such as offering intensive support for

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member-led research projects and launching our monthly network meetings for members to connect with NSUN and each other across various topics and themes (see 'Knowledge' section, above),

amplifying, supporting, and resourcing member-led campaigns (see 'Voice' section, below), and providing resources and free training opportunities to members (see 'Resourcing' section, below).

NSUN held its annual members' event in November 2023. Alongside a business meeting (where the NSUN Trustees and staff presented on NSUN's work over the last 12 months, gave an overview of the financial statements for the previous year, and took questions from members), we held three panel discussion style sessions for members, with a variety of guest speakers. These were: 'Peer support and activism: radical roots & radical futures', 'Surveillance & data sharing in mental health care', and 'Abolition & mental health with Synergi: reimagining & building alternatives'. There were more than 150 member attendances across the day's four sessions. [Details and recordings of the sessions, along with the annual member's creative exhibition, can be found here.](#)

The vast majority of attendees rated the enjoyability and accessibility of all sessions as 'Excellent' and selected 'Yes' in response to questions about whether the events reflected their interests and helped them to feel connected to other members. Providing feedback on the session on peer support, one attendee said: "[I] loved the panel and the discussion around activism and peer support and reading such collective power in the chat. I feel connected to others who want to ensure the history [of peer support] is not lost". Of the session on surveillance and data sharing, one attendee said: "Amazing range of speakers and so good to see connections being made". Providing feedback on the session with Synergi, one attendee said: "Chairing full of love, connection, and insight... human connections with exceptional speakers, [a] powerful experience of unity". The business meeting was described as "well structured and organised", and another member fed back that they were "always impressed by the principled way in which NSUN works".

NSUN's collaborative work also includes hosting two grassroots collectives and networks, North East together and misery, and acting as a fiscal host for the United Friends and Families Campaign (UFFC).

North East together (NEt) is the Regional Network for people with lived experience of mental health conditions living in the North East of England. Since the launch at a conference in April 2009 attended by over 150 of the region's service users, carers and workers in the mental health field, we have carried out a variety of initiatives usually led by our members letting us know what our priorities should be. For example, our Welfare Reform Action Group was set up in response to the 2010 Coalition Government's changes to the benefits system, and campaigned to highlight the injustices of Welfare Reform and advocated for a fairer system for all.

In the last few years, we have developed some strong relationships with the statutory sector, and in particular with Public Health England and The Northern Clinical Network. We have worked closely with these and other partners in various pieces of work on a regional level.

misery is a hosted project benefiting from the container of NSUN's policies, legal structure and accounts. Over the year misery successfully delivered their monthly 'misery medicine: plant magic' programme that saw hundreds of queer, trans, intersex, Black, people of colour (QTIBPOC) visiting, connecting, and learning about different green spaces in London and foraging for herbal remedies found there. misery partnered with various mental health, arts, and social justice organisations and

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projects to deliver a range of projects, including a film screening at the historic Rio Cinema in East London, a sober party in Edinburgh in conjunction with Rhubaba and an adventurous nightwalk curation alongside The Hive educational center in Epping Forest and William Morris Gallery. Towards the end of 2023 misery introduced a bimonthly online grief space offering facilitated by author and somatic practitioner Camille Sapara Barton. misery has also contributed to magazines, journals, workshops and panels, appearing as part of the Rehearsing Freedoms festival by Healing Justice London, at Sable Studio in Leeds and at Dialled In festival. In September 2024, misery will transition into a fiscal hosting agreement only.

The United Friends and Families Campaign (UFFC) is a coalition of those affected by deaths in police, prison and psychiatric custody, and supports others in similar situations. Established in 1997 initially as a network of Black families, over recent years the group has expanded and now includes the families and friends of people from varied ethnic and cultural backgrounds. NSUN is acting as fiscal host for UFFC in order for them to access a grant of £80,000 from the Joseph Rowntree Charitable Trust. During the year UFFC has run a small grants scheme aimed at funding projects supporting younger people which has been supported by NSUN's Communities and Grants Officer.

Voice: Building an alternative approach to mental health policy work, challenging traditional silos, unjust hierarchies of evidence, and harmful demands for data and visibility. This comes at a time where the external environment is one of hostile and unjust structures, systems and legislation.

An aim for 23/24 was continuing to promote and amplify members' perspectives, voices and campaigns through our communications. We are pleased to have worked to support numerous member campaigns in 23/24. One such campaign is the Stop Oxevision campaign, a grassroots, lived-experience led campaigning group working to halt the rollout of surveillance technology in psychiatric inpatient settings due to concerns around the implementation of a blanket restrictive practice with implications around consent, privacy, and dignity. We worked with members of the campaign to publish an [open letter and a petition on the NSUN website](#). We continuously amplified the campaigning work of Stop Oxevision across our communications channels, and have provided advice, guidance, and connections to other useful organisations. We offered the group a small grant towards their time spent working on the campaign, and other campaign costs.

Another member-led campaign we supported in 23/24 was supporting NSUN member group Make Space, which works around self-harm, to organise against issues in the Online Safety Bill relating to the criminalisation of self-harm related content online such as peer support and harm minimisation content which could be seen as 'encouraging' people to self-harm. We hosted [an open letter](#) following the publication of [a critique of the Bill we had commissioned and published on our members' blog](#), and supported Make Space to do parliamentary lobbying work during the process of the passing of the Bill, including through giving Make Space funding for their time spent on the campaign, and connecting them to other useful organisations for legal support and advice on the parliamentary lobbying work such as drafting an amendment to the Bill. We commissioned and published [a reflective follow-up piece about the process of the campaign](#).

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Another membership project we supported was Self injury Support's intersectional experiences of self-harm research project, with a focus on the different needs of different groups of people in relation to self-injury. We made a grant to Self injury Support so that they could pay participants in research focus groups and are planning on supporting the production and dissemination of an external-facing communications output from the project, covering its findings and recommendations, in 24/25.

The period from April 2023 to March 2024 has been an exciting one for NSUN's work on mental health and migrant justice, funded by the Joseph Rowntree Charitable Trust. During this time, we have moved from learning about existing work happening at this intersection to directly collaborating with grassroots groups in that space, thus achieving our 23/24 aim of creating a series of connective spaces for grassroots groups working on migrant justice and mental health.

By hosting a monthly Mental Health and Migrant Justice Networking Space, we have given grassroots migrant support organisations more opportunities to connect with each other, responding to a common problem identified during the scoping stage of this work. These monthly meetings have also allowed engaged groups to collectively draft an [open letter](#) to funders about the barriers they face to accessing grants for mental health and migrant justice work. With the contacts we've developed through these spaces, we're discussing other areas in which NSUN might be able to support them, such as improving communications and visibility.

NSUN has also strengthened its relationships with other organisations that are interested in both migrant and disability justice. We have joined the [Disability and Migration Network](#) and started a working relationship with [Migrants' Rights Network](#), both of which will allow us to play a more active role in efforts to increase cross-movement solidarity.

We have continued to work on policy and campaigning issues in a variety of ways, focussing on four main priorities: challenging poor mental health care, political responses to mental health care, surveillance and data sharing in mental health, and resourcing grassroots groups.

During the year we reflected on our policy and campaigning work, rearticulated our policy priorities, redefined what we mean by impact and how we can measure it, and laid the groundwork for increased member involvement in policy and campaigning work. We have kept members and readers up to date on national policy developments; publishing briefings and statements on key issues relating to mental ill-health, distress, and trauma, including [responding to Metropolitan Police's announcement that they will no longer attend mental health call outs](#), [briefing on the Illegal Migration Bill](#), and publishing briefings on the Mental Health Act, including writing on the [omission of Mental Health Act reforms from the King's Speech](#).

Over the year, we have taken part in many joint and coalitionary projects. Highlights include a chapter in [Holding our Own: A guide to non-policing solutions to what is called 'serious youth violence'](#), co-ordinated by Liberty, and a joint [statement against transphobic healthcare policy announcements](#). We have supported members to campaign on issues that matter to them, including working with member organisations against the criminalisation of self-harm, jointly [submitting written evidence to parliament](#). We have engaged grassroots/user-led groups on issues that matter to them, including through releasing [three briefings on precarity, access, and mental health](#) - the culmination of a two year consultation process with London based grassroots groups, funded by Trust for London.

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With our policy manager moving to a new role in October 2023, we recruited a freelance survivor researcher to offer policy support, allowing our continued significant impact. We have subsequently been successful in bidding for funding from Trust for London to recruit a full-time Policy Manager position, which we expect to fill in the first half of 24/25.

Resourcing: Working with funders, and acting as a microfunder to redistribute resources to grassroots user-led groups and establish better practice

Early in 23/24 we analysed the reflective conversations with 27 recipients of the Sustaining Spaces Fund 2022. Key learnings included the benefits of having a brief written application and minimal reporting requirements, the importance of prioritising conversations and connections in our grants processes, and that small interventions have long-term impacts, but that wider change is needed.

The funding offered groups space and time to continue and develop their activities, as well as creating intangible benefits like opportunities, connection and stronger support networks. Many groups used the money for essential things that would outlast the grant spending period, like furniture, equipment or digital infrastructure, and some found that the process of applying for and using the grant was a useful learning exercise in and of itself. However, small grants are still small, and these groups are continually being put under more and more pressure through increasing demand and diminishing capacity. Larger amounts are necessary to develop long-term sustainability for these groups. This also requires that funders understand the impacts that user-led groups have and the unique roles they play in their communities.

Our evaluation made clear the need for small grants programmes; we are committed to seeking funding to offering more grants opportunities in the future. We also used these insights to support North East Together in delivering a local small grants programme.

During this year we were able to offer a number of small grants to members around online event accessibility. In 23/24, we repeated our British Sign Language (BSL) interpretation small grants offering, making five grants of £150 available to user-led group NSUN members to pay for a BSL interpreter (or with the option of using the money to pay for a palantypist to provide live captions if that was preferred) at an event. As with the previous two years, all five grants were taken up by user-led mental health groups and used at events such as conferences, workshops, and creative performances.

With funding from City Bridge Trust via the Propel partnership, we carried out scoping work exploring how to build the resilience and sustainability of grassroots, lived experience led groups in London that work to support the mental health of those in their communities. We partnered with Teapot Collective to map some London-based groups and organisations, and carry out workshops and interviews. Based on what we heard, Teapot Collective drew up an internal report to help guide NSUN's future London-based work, an external summary sharing key findings, and resources for groups based on needs identified within the workshops, due to be published in summer 2024.

Throughout the year, NSUN made a range of training available for members by commissioning free places. These included: Community Organising (Act Build Change), Legal Structures for Community Organisations (Sistren Legal Collective), Safeguarding Training (Shaped Workshops), Trans Awareness Training (Gendered Intelligence), and Facilitation Training (Act Build Change).

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Synergi

NSUN secured a three-year grant from Lankelly Chase to host Synergi, a complex and ambitious programme of work focusing on the intersection of racial justice and mental health, from April 2022. Synergi works with grassroots groups and community organisers, and connects, amplifies, celebrates and resources this work. This grant has a no-cost extension to September 2025.

The programme faced some staffing and other challenges during the first part of this year, one result of which was a delay to the grants programme. A new Synergi Director started in September 2023, which, along with additional staff joining the team, has resulted in significant progress now being made against the four agreed workstreams:

- i. Community Responses to Mental Health: working with grassroots groups to experiment with community-based mental health care. We participated in the NSUN's Members' Event, delivering a session on abolition and mental health. We also sponsored a table and attended the National Mikey Powell Memorial Family Fund (NMPMFF) event, held in partnership with INQUEST
- ii. Supporting Movement Spaces: working with grassroots groups to support movement building work. Monthly peer support spaces are held online every second Tuesday in the month, providing a free supportive space for people with lived experience of racism, working or volunteering in user-led peer groups or campaigning capacities. A series of monthly online embodiment sessions for grant holders was launched in June 23 and continued until December 23.
- iii. Grants Programme: running an annual grants programme and influencing funders to fund differently. Round 1 of the grant programme is now coming to an end. These grants were awarded in 2022/23 to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma, to take action on mental health and racial justice. We have featured several blogs on our website to highlight the impact on the range of [grantees](#), such as the [York anti-racist collective](#).

Plans for round 2 of the grants scheme '[Democratising Policy](#)' were developed, with the launch taking place just after the financial year ended, in April 2024. Eligibility and priority focus is having living experience of mental health settings, working at the intersection of mental health, disability, and racial justice, having been impacted by immigration detention and removal centres, and prisons and policing, including forensic mental health settings. There will also be a solidarity fund administered via 3 to 4 hubs across the U.K.
- iv. Remembrance as Resistance: a creative culmination of all the workstreams. Work is underway, with a podcast, and several events now being planned.

NSUN's rebrand

Over the past few years, NSUN has developed and changed as an organisation. Our new strategic direction and ways of working have grounded us as an organisation that aims to facilitate change through connection and collaboration, and through amplifying and resourcing the work of the individuals and groups in our network, and we are surer of the unique space(s) we occupy, as well as the spaces that we do not occupy. To reflect this, we felt it was time to refresh our 'brand', which we did in 2023. We commissioned illustrator Cherie Kwok to create a new logo, colour palette, and illustrations/graphics that feature on our website, social media channels, and other materials.

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We are confident that the new visual identity better reflects our new direction and is hopeful, vibrant, warm, and engaging. It is reflective of our position as a unique and less 'traditional' charity with a grassroots focus, steering clear of overly polished modern corporate/charity branding which can feel generic and characterless. We are also pleased that the new visual identity avoids stereotypical mental health imagery and symbols, which emphasises that we are not a single-issue organisation, and means that our visual identity does not reinforce simplistic representations of mental health.

Our new visual identity was commissioned to reflect some of the following ideas around the nature of our work: connection, community, care, mutual aid, collectivity, solidarity, movement building, change, and justice. The illustrations in particular were commissioned to embody a sense of joy and hope – something that many user-led groups and collectives in the movement-building and transformative justice space hold onto and try to centre.

Key aims 2024/25

NSUN's key aims for the next year include the following:

- To continue to promote and amplify members' perspectives, voices and campaigns
- To secure funds for a new NSUN grants scheme, and plan the implementation process
- To successfully induct the new substantive CEO, Mandy Crandale, who joins NSUN in June 2024
- To deliver the rearticulated policy priorities, including via the successful recruitment of a new Policy Manager and launch of a newly funded project looking at how to engage with member campaigns
- To successfully deliver round 2 of the Synergi grant scheme
- To secure new multi-year funding to achieve additional sustainable impact

Financial review

Income for the year ended 31st March 2024 totalled £970,203 (2023: £864,417), an increase of £105,786 from the previous year. The largest area of increase was in Grants and Donations which rose by £116,079 compared with the previous year.

NSUN's principal source of funds during 2023-4 was income from grants and totalled £888,793 (2023: £773,320) and comprises 92% of income (2023: 89%).

Expenditure totalled £759,013 (2023: £704,954) for the year ended 31st March 2024, an increase of £54,059 compared with the previous year.

In April 2024 NSUN was notified of a successful application to the National Lottery Community Fund for £499,337 over 3 years.

NUSN is hugely grateful to our range of funders and supporters who contribute to our income.

Total funds, reserves policy and going concern

Total funds at 31st March 2024 were £525,811 (2023: £314,621) and comprised restricted funds of £385,087 (2023: £217,093) and unrestricted funds of £140,724 (2023: £97,528). The largest remaining restricted funds comprise funding for the Synergi programme (£297,857).

Unrestricted funding was comprised of funding from a number of unrestricted grants towards project and core costs in the 2023/24 financial year of £82,308, and unrestricted income from donations and contracts.

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The Trustees review the charity's reserves policy annually and aim to hold three months of fixed staff and running costs plus other specific amounts in relation to: staff redundancy entitlement, provision to cover any unexpected key staff sickness, provisions against unsecured consultancy income and provision against the unrestricted grants, whose balances form part of the unrestricted reserves but where there is an expectation they will be used to fund costs in the coming year and not held as contingency reserves. As such the agreed reserves target is £139,143 (2023: £170,780). The actual free unrestricted reserves are £137,053 (2023: £70,453) including £56,973 (2023: £56,848) in relation to unrestricted grants to be used in the coming year. This represents 98% of target (2023: 33%).

The Trustees have reviewed the budgets for the 2024/25 financial year, including reserves and secured income and consider there to be sufficient funding secured to prepare these financial statements on a going concern basis.

Grantmaking Policy

NSUN's grantmaking policy is specific to the funds being distributed and is in line with the conditions of the funder. The Trustees consider micro-grants an effective means of achieving NSUN's charitable objectives of building capacity for user-led groups.

NSUN grants are awarded to groups in England, and are currently small in volume and value. There are plans to secure further funding for this work and advertise grant more widely in the future.

The Synergi grants programme launched in April 2024 with clear published criteria, including transparency around decision-making and panel membership.

North East together ran a small grants programme with published criteria open from November 2023 to January 2024, with decisions about awards made by committee members following reviews of applications.

Key Risks and Uncertainty

The Trustees regularly review the principal risks and major uncertainties to which the charity may be exposed and systems and procedures have been established to manage those risks. This is primarily via the NSUN risk register, which is reviewed by Trustees at least quarterly. The register lists the key risks together with a score calculated based on the probability and the potential impact of the risk concerned, noting any mitigation. A separate Synergi Risk Register is also shared and discussed as a standing item, due to the size and complexity of Synergi as a hosted project, and the associated risks. Actions being taken to manage the identified risks are listed on the registers.

Key risks identified during the year are:

- A gap between funding expenditure and income targets, mitigated initially through the submission of multiple funding applications
- Significant changes in leadership at board and staff level, following an unsuccessful recruitment to the CEO post in summer 2023, and a change in chair of trustees at the end of December 2024. This risk has dissipated following the appointment of consecutive interim chief executives, and the appointment of a permanent chief executive from June 2024

National Survivor User Network
Trustee's annual reporting for the period for the year ended
31 March 2024 (continued)

- The growth of the organization and the increased responsibility and pressures on key staff. Risk is mitigated by NSUN's agreed ways of working, by extended notice periods for staff, regular supervision and on-going consideration of well-being issues
- The on-going integration of Synergi into NSUN, and Synergi's own delivery risks, noting the size of the programme. This has been mitigated through clear governance protocols, confirmation of Synergi's strategic direction, and the provision of a separate Synergi risk register to NSUN trustees and the Synergi governance board.

Contribution made by volunteers

NSUN is extremely grateful to all of our volunteers, many of whom have provided considerable pro-bono support, valued at £49,903 (2023: £20,523) and included within the financial statements. In the year ended March 2024 this related to pro-bono legal support.

Structure Governance and Management

During the year, the National Survivor User Network (NSUN) was a Charitable Incorporated Organisation (CIO) with charity number 1135980. NSUN's governing document is a Constitution and the charity operates in England.

Trustees are elected at the Annual General Meeting or co-opted onto the Board when a serving Trustee resigns during the year. The Constitution states that the minimum number of Trustees should be three and the maximum twelve. A third of trustees must retire at each AGM and may be reappointed.

Skills gaps at Board level are addressed by regular skills audits. New Trustees are inducted by the Chair, Vice-Chair, and CEO, and are offered training as necessary.

The Board meets at least five times a year.

Day-to-day management of the charity has been delegated to the CEO. The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of NSUN, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible for appraising the performance of the CEO and Trustees.

During the year, there were ten other members of staff who are line managed and appraised by the CEO, or other Managers within the team. The staff team was supported by several freelance associates.

Following an unsuccessful recruitment process in summer 2023, interim chief executives were appointed. A successful process early in 2024 resulted in the appointment of a new substantive CEO, appointed to start at NSUN in June 2024.

The Board makes use of task and finish groups and sub committees where needed to undertake specific tasks. In 2023/24 a number of trustees met informally to review the finance papers, and to support the CEO recruitment processes.

National Survivor User Network
Trustee's annual reporting for the period for the year ended
31 March 2024 (continued)

The Board was also supported in its work around the Synergi Project by the Synergi Governance Board, which comprised five members with a specific interest in the work, including one member of the NSUN Board of Trustees. The Governance Board operates under a terms of reference approved by the NSUN Board.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the NSUN Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.


Details of Trustee expenses and related party transactions are disclosed in the notes to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

Trustees' responsibilities in relation to the financial statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity was passed at the last NSUN Annual General Meeting on the 28th February 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 as amended by the Charities Act 2022 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 17th July 2024 and was signed on its behalf, by:

Signed by:

4100F15CA71143F...

Amy Rushton
Chair

National Survivor User Network Independent Examiner's Report to the Trustees of National Survivor User Network

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2024 which are set out on pages 17 to 36.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 as amended by the Charities Act 2022 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Other Matters

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the Statement of Recommended Practice applicable to Charities 2019 preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records ; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

**National Survivor User Network
Independent Examiner's Report to the Trustees of National Survivor User Network**

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Michael Tourville FCA
Beever and Struthers
Chartered Accountants
150 Minorities
London
EC3N 1LS
Date: 18 September 2024

National Survivor User Network

Statement of Financial Activities (including summary income and expenditure account)

For the year ended 31 March 2024

	Notes	Unrestricted Funds	Restricted Funds	Total 31.03.2024	Total 31.03.2023
		£	£	£	£
Income from:					
Legacies and Donations					
Grants and Donations	4	159,915	780,330	940,245	824,166
Charitable Activities					
Contracts and Consultancy		12,969	5,626	18,595	39,452
Interest		11,363	-	11,363	799
Total Income		184,247	785,956	970,203	864,417
Expenditure on:					
Costs of raising funds	5	12,663	22,132	34,795	20,684
Charitable Activities					
Knowledge		31,753	74,680	106,433	63,925
Collaboration		38,643	158,147	196,790	133,567
Voice		58,942	131,445	190,387	103,289
Resourcing		(950)	-	(950)	47,760
Synergi		-	231,558	231,558	335,729
Total Charitable Activities	5	128,388	595,830	724,218	684,270
Total Expenditure		141,051	617,962	759,013	704,954
Net movement in funds for the year		43,196	167,994	211,190	159,463
Reconciliation of funds					
Total funds brought forward	17	97,528	217,093	314,621	155,158
Total funds carried forward	17	140,724	385,087	525,811	314,621

National Survivor User Network
Balance Sheet
For the year ended 31 March 2024

	Notes	31.03.2024	31.03.2023
		£	£
Fixed Assets			
Tangible assets	13	3,671	2,751
Total Fixed Assets		<u>3,671</u>	<u>2,751</u>
Current Assets			
Debtors	14	2,413	21,920
Cash at bank and in hand	22	617,906	343,204
Total Current Assets		<u>620,319</u>	<u>365,124</u>
Creditors:			
Creditors falling due within one year	15	98,179	53,254
Net Current Assets		<u>522,140</u>	<u>311,870</u>
Total Assets less current liabilities		525,811	314,621
Total Net Assets		<u>525,811</u>	<u>314,621</u>
The Funds of the charity:			
Unrestricted income funds		140,724	97,528
Restricted income funds		385,087	217,093
Total charity funds	17	<u>525,811</u>	<u>314,621</u>

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The financial statements set out on pages 17 to 19 were approved by the Trustees and authorised for issue on 17th July 2024 and signed on their behalf by:

Signed by:

4100F15CA71143F...

Dr Amy Rushton (Chair)

The notes on pages 20 to 36 form an integral part of these financial statements

National Survivor User Network
Statement of Cash Flows
For the year ended 31 March 2023

	Notes	31.03.2024	31.03.2023
		£	£
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	21	276,856	167,227
Cash flows from investing activities			
Purchase of tangible fixed assets		(2,153)	(3,147)
Proceeds from sale of fixed assets		-	275
Net cash (used in) provided by investing activities		(2,153)	(2,872)
Change in cash in the reporting period		274,703	164,355
Cash at the beginning of the reporting period		343,204	178,849
Cash at the end of the reporting period	22	<u>617,907</u>	<u>343,204</u>

The notes on pages 20 to 36 form an integral part of these financial statements

National Survivor User Network

Notes to the financial statements for the year ended 31 March 2024

1. Basis of Preparation

1.a Basis of Accounting

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the 2019 version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

1.b Legal Form

National Survivor User Network was a charitable company incorporated in England under the Companies Act 2006 from 1 April 2022 to 6 June 2023, when it then converted to a Charitable Incorporated Organisation. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is 150 Minories, London, EC3N 1LS. The charity's operations and principal activities are included on page 2 and 3 of the Trustees' annual report.

1.c Going Concern

The financial statements are prepared on a going concern basis. The Trustees have looked at least 12 months from the signing date of these accounts, considering the charity's cost base, reserves and secured funding and have concluded that there are no material uncertainties around the charity's ability to continue as a going concern.

1.d Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

1.e Significant accounting estimates and judgements

Aside from going concern set out in 1c above, there have been no other key estimates or judgements required in determining the carrying values of assets and liabilities.

2. Accounting Policies

Income

2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP.

National Survivor User Network

Notes to the financial statements for the year ended 31 March 2024

2. Accounting Policies (continued)

2.c Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt.

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

2.d Government grants

The charity has received government grants in the reporting period and these are disclosed in note 3a.

2.e Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2.f Contractual income

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

2.g Donated goods and services/facilities

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

2.h Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure

2.i Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

National Survivor User Network

Notes to the financial statements for the year ended 31 March 2024

2. Accounting Policies (continued)

2.j Allocation of governance and support costs

Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel development and support, financial support, insurances and IT support.

Governance costs comprise the costs involving the public accountability of the charity (including independent examination costs) and costs in respect of its compliance with regulation and good practice.

Support costs including governance costs are apportioned based on the proportion of time spent on each activity by staff.

Assets and Liabilities

2.l Accrued and deferred income

Accrued income relates to gift aid receivable only.

Deferred income relates to contract income received where a proportion of the work remains incomplete.

2.m Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.n Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

2.o Bank and Cash

Cash includes cash held in the charity's bank accounts, amounts held by PayPal and Equals Money.

2.p Tangible fixed assets for use by the charity

Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight-line basis.

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

3. Prior period comparatives: statement of financial activities

	Unrestricted Funds	Restricted Funds	Total 31.03.2023
	£	£	£
Income from:			
Legacies and Donations			
Grants and Donations	143,354	680,812	824,166
Charitable Activities			
Contracts and Consultancy	12,734	26,718	39,452
Interest	799	-	799
Total Income	156,887	707,530	864,417
Expenditure on:			
Costs of raising funds	20,684	-	20,684
Charitable Activities			
Knowledge	9,450	54,474	63,924
Collaboration	8,933	124,635	133,568
Voice	61,239	42,050	103,289
Resourcing	30,967	16,826	47,793
Synergi	-	335,696	335,696
	-		
Total Charitable Activities	110,589	573,681	684,270
Total Expenditure	131,273	573,681	704,954
Net movement in funds for the year	25,614	133,849	159,463
Reconciliation of funds			
Total funds brought forward	71,914	83,244	155,158
Total funds carried forward	97,528	217,093	314,621

4. Grants and Donations

	Unrestricted Funds	Restricted Funds	Total 31.03.2024	Total 31.03.2023
	£	£	£	£
Donations from Individuals and organisations	504	1,045	1,549	30,323
Grant Income (note 4b)	109,508	779,285	888,793	773,320
Donated gift and services (note 4c)	49,903	-	49,903	20,523
	159,915	£ 780,330	£ 940,245	£ 824,166

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

4b. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Unrestricted Funds	Restricted Funds	Total 31.03.2024	Total 31.03.2023
	£	£	£	£
Be the Earth Foundation	-	4,000	4,000	3,600
Blagrave Trust	-	28,500	28,500	-
City Bridge Trust	-	50,000	50,000	-
John Ellerman Foundation	-	30,000	30,000	30,000
Joseph Rowntree Charitable Trust	42,308	-	42,308	30,321
Joseph Rowntree Charitable Trust- UFFC	-	-	-	1,333
Lankelly Chase	40,000	-	40,000	31,000
Lankelly Chase- Synergi	-	456,412	456,412	445,532
LGBT+ Futures: Equity Fund	-	-	-	25,000
Mental Health North East	-	3,001	3,001	-
Mind Sustaining Spaces Fund	-	-	-	33,864
Mind Peer Support - misery	-	200	200	-
Mind Community Partnership	-	15,000	15,000	-
Mind North East Together	-	15,000	15,000	-
National Lottery Community Fund- RC London and South	-	138,897	138,897	108,213
NHS Contract income for North East together	-	6,000	6,000	-
The Tudor Trust	20,000	-	20,000	22,000
The Tudor Trust- Wellness grant	7,200	-	7,200	-
Trust for London	-	22,275	22,275	40,525
University of Wolverhampton - SMaRteN	-	-	-	1,932
Women's Environmental Network - misery	-	10,000	10,000	-
	109,508	779,285	888,793	773,320

No Government Grants were received in 2024 or 2023. As set out above funds were received from the National Lottery Community Fund totalling £138,897 (2023: £108,213).

4c. Donated goods, Facilities and Services

	Total 31.03.2024	Total 31.03.2023
	£	£
Membership Subscriptions	-	450
Legal Advice	49,903	20,073
	49,903	20,523

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that the amount can be measured reliably.

There are no unfulfilled conditions or other contingencies associated with the donated services or facilities

The time given by volunteers is not recognised in the accounts. However we are extremely grateful for to all NSUN volunteers

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

5. Resources expended

	Direct Staff Costs	Direct Costs	Support Costs (Note 7)	Total 31.03.2024	Total 31.03.2023
	£	£	£	£	£
Costs of Raising Funds	17,355	-	17,440	34,795	20,684
Charitable Activities					
Knowledge					
Communications	47,727	13,758	41,856	103,341	57,304
Other Projects	-	2,792	-	2,792	4,400
National Elf partnership	-	300	-	300	2,220
	47,727	16,850	41,856	106,433	63,924
Collaboration					
Membership	34,711	3,311	31,392	69,414	41,661
Community Constellations	21,694	13,009	17,440	52,143	36,988
Lived Experience Leadership	-	-	-	-	-
Mind Peer Support	-	11,975	-	11,975	-
Members projects	-	5,500	-	5,500	-
Hosted Projects- North East Together	3,300	15,729	-	19,029	9,689
Hosted Projects- Survivor Research Network	-	-	-	-	861
Hosted Projects- misery	-	38,479	250	38,729	42,647
Hosted Projects- 2027 Project	-	-	-	-	861
Hosted Projects- UFFC	-	-	-	-	861
	59,705	88,003	49,082	196,790	133,568
Voice					
Influencing policy work	82,438	12,005	73,247	167,690	102,514
Reimagining safety	4,639	13,683	-	18,322	-
Other Projects	-	4,375	-	4,375	775
	87,077	30,063	73,247	190,387	103,289
Resourcing					
Grants to user led groups (note 21)					
NSUN Side by Side Fund	-	-	-	-	-
Sustaining Spaces	-	(950)	-	(950)	47,793
	-	(950)	-	(950)	47,793
Synergi					
Synergi Project	157,393	55,715	15,807	228,915	155,538
Synergi Small Grants Scheme	-	2,643	-	2,643	180,158
	157,393	58,358	15,807	231,558	335,696
Total Cost of Charitable Activities	351,902	192,324	179,992	724,218	684,270
Total Costs	369,257	192,324	197,432	759,013	704,954

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

6. Resources expended in the previous year

	Direct Staff Costs	Direct Costs	Support Costs (Note 7)	Total 31.03.2023
	£	£	£	£
Costs of Raising Funds	17,339	-	3,345	20,684
Charitable Activities				
Knowledge				
Communications	39,616	2,262	15,426	57,304
Other Projects	-	4,400	-	4,400
National Elf partnership	-	2,220	-	2,220
	39,616	8,882	15,426	63,924
Collaboration				
Membership	27,983	2,743	10,935	41,661
Community Constellations	26,554	400	10,034	36,988
Lived Experience Leadership	-	-	-	-
Mind Peer Support	-	-	-	-
Hosted Projects- North East Together	2,015	6,902	772	9,689
Hosted Projects- Survivor Researcher Network	732	-	129	861
Hosted Projects- misery	4,720	36,255	1,672	42,647
Hosted Projects- 2027 Project	732	-	129	861
Hosted Projects- UFFC	732	-	129	861
	63,468	46,300	23,800	133,568
Voice				
Influencing policy work	61,429	1,850	39,236	102,515
Keeping Control	-	-	-	-
Other Projects	-	775	-	775
	61,429	2,625	39,236	103,290
Resourcing				
Grants to user led groups (note 24)				
NSUN Covid-19 Fund	-	-	-	-
NSUN Side by Side Fund	-	-	-	-
Sustaining Spaces	15,442	27,172	5,179	47,793
	15,442	27,172	5,179	47,793
Synergi				
Synergi Project	105,944	15,900	33,694	155,538
Synergi Small Grants Scheme	35,971	132,748	11,439	180,158
	141,915	148,648	45,133	335,696
Total Cost of Charitable Activities	321,870	233,627	128,773	684,270
Total Costs	339,209	233,627	132,118	704,954

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

7. Support Costs

	Total	Total
	31.03.2024	31.03.2023
	£	£
Support Staff Costs, including governance (see note 8)	39,050	42,280
Direct Governance costs (see note 8)	57,788	35,301
Legal and Professional Fees	1,789	5,790
Payroll, Accountancy and Bookkeeping	25,813	8,715
Website costs	2,196	12,646
Stationary, Postage, Telephones and IT costs	16,097	11,534
Insurance and HR support	4,292	2,109
Advertising, Recruitment and Subscriptions	20,551	1,670
Staff Travel and Wellness	10,364	4,531
Staff Training costs	16,281	4,126
Depreciation and profit on disposal	1,235	1,583
Other	1,977	1,834
	197,433	132,119

Support costs, including governance costs, are apportioned based across the activities shown in note 5 on the proportion of time spent on each activity by staff

8. Governance costs

	Total	Total
	31.03.2024	31.03.2023
	£	£
Governance costs are included within support costs (note 7) and comprise		
Staff costs	17,355	18,017
Independent Examination	2,720	2,600
Board expenses and training	248	3,213
Strategic work	-	3,000
Legal advice - including in-kind support	49,903	20,073
Trustee Recruitment	-	1,067
Governance support	4,917	5,348
	75,143	53,318

9. Net expenditure for the year

	Total	Total
	31.03.2024	31.03.2023
	£	£
This is stated after the following		
Depreciation of tangible fixed assets	1,234	1,045
Profit/(loss) on disposal of Fixed Assets	-	(538)
Independent Examination Fees (including VAT)		
- Independent Examination	2,720	2,600
- Other Services	-	-

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

10. Analysis of staff costs and the cost of key management personnel

	Total	Total
	31.03.2024	31.03.2023
	£	£
The staff costs were		
Wages and Salaries	344,494	325,665
Social Security Costs	32,103	28,513
Pension Costs	15,609	13,799
	392,206	367,977

No employees received employee benefits (excluding employer pension costs) for the reporting period over £60,000. In 2023 one employee received employee benefits (excluding employer pension costs) of between £60,000 and £70,000.

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expense for the year total £15,609 (2023:£13,799).

The key management personnel of the charity comprise the Trustees, the CEO and the Interim CEO. The total amount paid, including Employers National Insurance and Pension, to the CEO and Interim CEO was £74,896 (2023: £71,134).

No trustees received any payment for their services to the charity (2023: none). Two trustees received payment for professional services to the charity totalling £2,050 (2023: £3,200)

11. Staff numbers

The average number of employees (headcount based on number of staff employed) during the year was 9.7 (2023: 9.5) with a full time equivalent of 8.0 (2023: 7.9)

12. Taxation

National Survivor User Network is a registered charity and as such its income and gains falling within Section 471 to 489 of the Corporation Tax Act 2010 or Section 256 of Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable objectives.

13. Tangible Fixed Assets

	IT Equipment	Total
	£	£
Cost		
As at 1 April 2023	4,181	4,181
Additions	2,154	2,154
As at 31 March 2024	6,335	6,335
Depreciation		
As at 1 April 2023	1,430	1,430
Charge for the year	1,234	1,234
As at 31 March 2024	2,664	2,664
Net Book Value		
As at 31 March 2023	2,751	2,751
As at 31 March 2024	3,671	3,671

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

14. Debtors

	Total 31.03.2024 £	Total 31.03.2023 £
Trade debtors	275	13,400
Prepayments	2,114	2,645
Other Debtors	24	1,742
Gift Aid Accrued Income	-	4,133
	2,413	21,920

All debtors relate to amounts owed within one year

15. Creditors: Amounts falling due within one year

	Total 31.03.2024 £	Total 31.03.2023 £
Trade creditors	7,149	5,945
Lease Accrual	1,640	1,640
Other Creditors- Social Security	9,825	10,268
Accruals	29,850	19,001
Grants payable	715	9,000
Funds held on behalf of hosted project UFFC	20,000	-
Deferred Income (note 16)	29,000	7,400
	98,179	53,254

An accrual has been made for grants awarded under the North East Together grant of £600 and Synergi grants programme of £115 by not yet paid at the year end (2022: Synergi grant programme £9,000)

Movement in recognised grant commitments during the year

	31.03.2024 £	31.03.2023 £
Grant commitment recognised at the start of the year	9,000	-
New Grant Commitments charged to the SoFA in year	8,293	136,355
Grants paid during the year	(16,578)	(127,355)
Amount of grant commitments recognised at year end	£ 715	£ 9,000

16. Deferred Income

	Total 31.03.2024 £	Total 31.03.2023 £
Balance at the start of the year	7,400	13,250
Released in the year	(7,400)	(13,250)
Deferred in the year	29,000	7,400
Balance at year end	£ 29,000	£ 7,400

Income deferred relates to a grant from Trust for London which was paid in advance of the start date. Income in 2022/23 has been deferred in relation to agreed activities supporting Central North West London NHS Foundation Trust which had not been delivered at the year end.

17. Analysis of charitable funds

17a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward 01.04.2023 £	Income £	Expenditure £	Fund balance at 31.03.2024 £
Unrestricted Funds	97,528	184,247	141,051	140,724
Restricted funds				
Blagrave Trust	-	28,500	18,322	10,178
City Bridge Trust	-	50,000	32,430	17,570
John Ellerman Foundation	24,029	30,000	35,822	18,207
Synergi	112,054	456,412	270,609	297,857
LGBT Futures	19,410	-	19,410	-
North East Together misery	14,849 20,516	24,001 10,777	19,040 14,774	19,810 16,519
Mind - Community	-	15,000	15,000	-
National Lottery Community Fund- RC London	10,070	138,897	149,095	(128)
NSUN Small Grants Programme	699	94	-	793
Trust for London	15,466	22,275	37,741	-
Women's Environmental Network - misery	-	10,000	5,720	4,280
Total Restricted Funds	217,093	785,956	617,963	385,086
Total Funds	314,621	970,203	759,014	525,810

Restricted Fund

Restricted Fund	Purpose of fund
Blagrave Trust	Reimagining safety - three-year project seeking new, more liberatory approaches to young people's safety and mental health.
City Bridge Trust	Building the resilience and sustainability of grassroots, lived experience led groups in London that work to support the mental health of those in their communities
John Ellerman Foundation	Funding towards core costs of NSUN
Lankelly Chase- Synergi	First year of a 3-year grant for the Synergi Project
LGBT Futures	Funding for the misery herbal walks programme
Mind- NSUN Side by Side Fund	Funding towards the costs of the NSUN Side-by-Side small grants fund
misery	Funds held towards the activities of the misery hosted project
Mind - Community	Community hub grant
National Lottery Community Fund- RC London	Funding towards membership support and community constellations
North East Together	Funds held to support work in the North East
NSUN Small Grants Programme	Restricted donations for small grants
Trust for London	Funding towards Policy Officer and Policy work
Women's Environmental Network - misery	Funds held towards the activities of the misery hosted project

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

17. Analysis of charitable funds (continued)

17b. Details of charitable funds held and movements during the previous reporting period

	Fund balance brought forward 01.04.2022 £	Income £	Expenditure £	Fund balance at 31.03.2023 £
Unrestricted Funds	71,914	156,887	(131,273)	97,528
Restricted funds				
2027 Project	1,500	-	(1,500)	-
John Ellerman Foundation	30,000	30,000	(35,971)	24,029
Lankelly Chase- Synergi	2,218	445,532	(335,696)	112,054
LGBT Futures	-	25,000	(5,590)	19,410
Mind Side by Side Fund misery	1,050	-	(1,050)	-
National Lottery Community Fund- RC London	14,021	38,880	(32,385)	20,516
North East Together	-	108,213	(98,143)	10,070
NSUN Small Grants Programme	3,079	18,672	(6,902)	14,849
The Tudor Trust	-	709	(10)	699
The Tudor Trust- development grant	20,083	-	(20,083)	-
Trust for London	1,310	-	(1,310)	-
	9,983	40,525	(35,042)	15,466
Total Restricted Funds	83,244	707,531	(573,682)	217,093
Total Funds	155,158	864,418	(704,955)	314,621

18. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 31.03.2024 £	Total Funds 31.03.2023 £
Fixed Assets	1,691	1,979	3,670	2,751
Current Assets	336,728	283,591	620,319	365,124
Creditors: amounts falling due within one year	(29,703)	(68,477)	(98,180)	(53,254)
	308,716	217,093	525,809	314,621

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

19. Financial Instruments

At the Balance Sheet date the Charity held the following:

	31.03.2024	31.03.2023
	£	£
Financial Assets		
Measured at cost:		
Cash at bank	617,906	343,204
Measured at amortised cost:		
Trade Debtors	275	13,400
Other Debtors	24	1,742
Prepayments	2,115	-
Gift Aid Accrued Income	-	4,133
Total Financial Assets	620,320	362,479
Financial Liabilities		
Measured at amortised cost:		
Trade creditors	7,149	5,945
Lease Accrual	1,640	1,640
Other Creditors- Social Security Accruals	9,825	10,268
Grants payable	29,850	19,001
	715	9,000
Total Financial Liabilities	49,179	45,854

20. Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits in relation to their role as Trustees with the charity (2023: none).

During the year, training and board development costs totalling £248 (2023: £2,219) were paid for two Trustees (2023: nine).

During the year one Trustee (2023: nil) received participation payments of £300. This was at the same rate as other participants.

Payments totalling £1,750 (2023: £3,200) were paid to NSUN trustee Shuranjeet Takhar for their role on the Synergi Governance Board. These payments were made under a written agreement and agree to be in the best interest of NSUN by the Trustee board.

In 2022/23 a workshop was delivered to Ten Years' Time during the year with total income of £300. Angela Newton, former Chair of Trustees is also Managing Director at Ten Years' Time. The training was provided on normal commercial terms.

In 2022/23 Consultancy was delivered to Taraki Wellbeing during the year with total income of £300. Shuranjeet Takhar, a NSUN trustee is also Director at Taraki. The consultancy was provided on normal commercial terms.

In 2022/23 one Trustee made donations to the work of NSUN totalling £525.

In 2022/23 five trustees were reimbursed expenses incurred as part of their role as a Trustee totalling £762.

21. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	Total 31.03.2024 £	Total 31.03.2023 £
Net income for the reporting period (as per the statement of financial activities)	211,190	159,463
Adjustment for :		
Depreciation charges	1,234	1,045
(Profit)/loss on disposal of equipment	-	538
(Increase)/decrease in debtors	19,507	(19,752)
Increase/(decrease) in creditors	44,925	25,933
Net cash provided by operating activities	276,856	167,227

22. Cash at bank and in hand

	Total 31.03.2024 £	Total 31.03.2023 £
Cash at bank	597,610	333,011
North East Together Account	17,256	8,374
North East Together Cash	200	200
Equals Money Card	2,685	1,619
PayPal	155	-
Total Cash	617,906	343,204

23. Analysis of changes in net debt

	31.03.2023 £	Cash flows £	31.03.2024 £
Short and long term loan liabilities	-	-	-
Total Liabilities	-	-	-
Cash and cash equivalents	343,204	274,703	617,907
Total net debt	343,204	274,703	617,907

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

24. Analysis of Grants

	Total	Total
	31.03.2024	31.03.2023
	£	£
North East Together	6,600	-
NSUN Sustaining Spaces Fund	(950)	25,355
Synergi Grant Fund	2,643	111,000
Total Grants to Institutions	8,293	136,355

In 2022/23 The NSUN Sustaining Space fund awarded grants of between £500 and £1,000 to groups facilitating community spaces where people shared identities and experiences come together in support of one another's wellbeing. Grants were funded by Mind's Peerfest Project. In the year £950 was returned.

The Synergi Small Grants programme awarded grants totalling £2,643 to four groups. In 2023/23 37 grants of £3,000 to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma to take action on mental health and racial justice.

In 2023/24 North East Together gave grants of £600 to 11 groups supporting mental health in the North East.

No grants were awarded to individuals

Reconciliation to Direct costs (Note 5)

	Total	Total
	31.03.2024	31.03.2023
	£	£
Grants to institutions- NSUN Sustaining Spaces Fund	(950)	25,355
Grants to institutions- Synergi Small Grants	2,643	111,000
Direct cost of administration of funds (including Panel and Evaluation costs)	-	23,565
Total Direct costs of NSUN Grants	1,693	159,920

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

24. Analysis of Grants (continued)

	Total	Total
	31.03.2024	31.03.2023
	£	£
Recipients of Intuitional grants		
Recipients of NSUN Sustaining Space/Side by Side		
Angels of Hope for Women	-	1,000
Be Active Recovery Group	-	996
Borashabaa Refugee Community Organisation	-	1,000
Community of Cultures	-	1,000
Compassionate Conversations	-	755
Family Unit Trust	-	1,000
GIN LGBTQIA Indian Network	-	1,000
Girls Against Anxiety	-	1,000
Happy and Healthy	-	1,000
Learnest CIC	-	1,000
Manchester Roots	-	180
Marlborough Theatre Productions	-	1,000
Mix Up	-	1,000
Out in the Bay	-	1,000
Plushealth	(950)	950
People Come First	-	600
Proud North London	-	750
Rotherham Wellness & Wellbeing Through the Arts	-	1,000
SAYIT	-	1,000
STAR Blackpool	-	1,000
Survivors' Poetry	-	144
The Black Men's Consortium	-	1,000
The Happy Health Hub	-	1,000
The Outside Project	-	1,000
Together As One	-	980
TransSober	-	1,000
WOC Azadi Collective	-	1,000
Women of Colour Peer Support	-	1,000
Total Recipients of NSUN Sustaining Spaces Grants/Side by Side Fund	(950)	25,355
	Total	Total
	31.03.2024	31.03.2023
	£	£
Recipients of North East Together		
Autie Mates	600	-
Contact Morpeth Mental Health Group	600	-
County Durham and Darlington Mental Health Forum	600	-
County Durham Peer Support Network	600	-
Fungi Sea Days Connect and Flourish Together	600	-
Gateshead Clubhouse	600	-
Holding Hands North East CIC	600	-
Newcastle Bipolar Self Help Group	600	-
Teeside Eritrean Community	600	-
Thrivers	600	-
Tuesday Treckers	600	-
Total Recipients of North East Together Grants	6,600	-

National Survivor User Network
Notes to the Financial Statements For the year ended 31 March 2024

24. Analysis of Grants (continued)

Recipients of Synergi Grants	Total 31.03.2024 £	Total 31.03.2023 £
Abolition x Health	-	3,000
Across Borders	-	3,000
ADHD Babes	-	3,000
Adira	-	3,000
Adiyah Muslim Abortion Collective	-	3,000
Adoptee Futures CIC	-	3,000
Awaken Genius Alternative Education	-	3,000
Babylon Migrants Project	-	3,000
BARAC UK	-	3,000
Be Active Recovery Group	-	3,000
Black Muslim Women Healing Collective	-	3,000
Collective Futurism	-	3,000
DiaspoRainbow	-	3,000
Eritrean Community Teesside	-	3,000
Families in Harmony	-	3,000
Foundation for Renewal and Fora	-	3,000
Golden Careers Champions	-	3,000
Holding Hands North East CIC	-	3,000
Holding Her Space	-	3,000
Hummingbird Senior Citizens Club	-	3,000
Mr Boy Cookery School CIC	-	3,000
Nejma Collective	-	3,000
Nergiz Kurdish Women's Group	-	3,000
oestrogenation	-	3,000
Organising our Earth Selves	-	3,000
Oxford Community Action	-	3,000
Peaks of Colour	-	3,000
Resistance Is Our Mother Tongue	-	3,000
Therapeutic Productions CIC	-	3,000
The Rights Collective	-	3,000
The Syria Families Group	-	3,000
The Windrush Movement (UK)	-	3,000
The Youth Excellence Academy	-	3,000
Women's Lounge	-	3,000
York Anti Racist Collective	100	3,000
Yuvanis Foundation	-	3,000
Other	2,643	3,000
Total Recipients of Synergi Grants	2,743	111,000
Total Grants to institutions	8,393	136,355